

EPTE[®] therapy information

Treatment / explanation EPTE[®]:

EPTE[®] stands for Ultrasound Guided Percutaneous Electrolysis Therapy. EPTE[®] is a treatment that aims to relieve pain and improve function. Special, sterilized, thin needles are inserted into specific sites in the tendons to be treated under ultrasound guidance. EPTE[®] uses a light direct current.

Possible complications after EPTE[®]

- Infections
- Bleeding / bruising
- Temporary pain increase due to nerve stimulation
- Fatigue / weakness / fainting
- Vegetative symptoms such as sweating and nausea
- Worsening of symptoms for a period of time

Contraindications for EPTE[®]:

There are certain contraindications for treatment. The therapist will always ask you about these contraindications. These factors are:

- Pregnancy
- Local infections and / or system infections
- Artificial heart valve
- Pacemaker (no EPTE[®] treatment left shoulder)
- Reduced immune system
- Gland resection / edema
- Tumor / chemotherapy / radiation
- Internal fixations or joint prostheses in the treatment area
- Needle anxiety
- Corticosteroid injection in area

In addition to the above factors, other factors may be involved in the treatment.

The factors listed below will need to be discussed with the therapist. The therapist will then decide whether this is a contraindication in your case.

- Bleeding problems
- Lymph disorders (in affected limb)
- Skin or metal allergy / skin damage in the area to be treated
- Anti-clotting medication
- Fibromyalgia
- Psoriasis / arthritis
- Fractures

If you have a contagious condition (such as hepatitis, HIV), please report this to your therapist.